

March 2021

CLICK HERE
Fitness Classes

Mon: Yoga AM w/ Janet
GRT w/ Kathy
TBF w/Heather

Tue: Stretch w/Janet
Tai Chi w/Fang


Wed: Yoga AM w/Janet
GRT w/Kathy
TBF w/Heather

Thur: Gentle Yoga w/Paula
Stretch w/Janet
Tai Chi w/Fang

Fri: Yoga AM w/Janet
GRT w/Kathy
TBF w/Heather

***Great Island Pond
Swimming Club:**

Sign up here for Spring/Summer

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|------------------------------|---|---|---|--------------------------|----------|
|  | 1 | <u>French Conversation</u> <u>Writers Circle</u> 2 | Wednesday Writers <u>Shalom Pinehills Book Club</u> 3 | 4 | 5 | 6 |
| 7 | <u>Womanade</u> 8 | <u>Meditation</u> <u>Caregivers Connection</u> <u>French Conversation</u> 9 <u>Investment Club</u> | <u>Wednesday Writers</u> <u>Shalom Pinehills Book Club</u> 10 | <u>Moment in Time</u> 11 | <u>Bird Brains</u> 12 | 13 |
| 14 | <u>Garden Club</u> 15 | <u>French Conversation</u> <u>Writers Circle</u> 16 | <u>Wednesday Writers</u> <u>Shalom Pinehills Book Club</u> 17 | <u>Foreign Affairs</u> <u>Welred Book Club</u> 18 | 19 | 20 |
| 21 | <u>Merry Book Club</u> 22 | <u>Caregivers Connection</u> <u>French Conversation</u> 23 | <u>Wednesday Writers</u> <u>Shalom Pinehills Book Club</u> 24 | 25 | <u>Bird Brains</u> 26 | 27 |
| 28 | 29 | <u>French Conversation</u> 30 | <u>Wednesday Writers</u> <u>Shalom Pinehills Book Club</u> 31 | | | |