

★ WISH LIST ★

(NO CANNED GOODS, NO LIQUIDS, NO AEROSOL SPRAYS)

Non-perishable foods:

(in microwave safe containers)

- Bowl Appetite dinners
- Cup 'O Noodles soups
- Dry cereal *(small, individual serving boxes)*
- Ramen noodle soup

Snacks:

- Applesauce, pudding, fruit cups
- Beef sticks
- Breakfast bars, cereal bars
- Candy
- Cookies, crackers, goldfish
- Crackers and a cheese spread
- **CAUTION: No spray cans – may explode!**
- Granola bars
- Instant Oatmeal
- Nuts – almonds, pistachios, peanuts
- Peanut butter *(individual servings)*
- Peanut butter crackers
- Pop-tarts
- Power bars, protein bars
- Rice Krispies treats
- Single serving chips, pretzels, popcorn
- Snack cakes, brownies
- Snack mixes *(like Chex Mix)*
- Trail mix
- Tuna/salmon in the “fresh pouch”
(doesn't require draining)

Drinks:

(Individual servings size)

- Crystal Lite *(packages for water bottles)*
- Instant coffee
- Kool-Aid
- Lemonade, iced tea, flavored tea packets for water bottles
- Powdered Gatorade
- Powdered hot chocolate
- Tea bags

Fun Stuff:

- Baseball, tennis ball
- Books
- Crossword puzzles
- Decks of cards

Toiletries:

(No liquids, no aerosol spray cans)

- Emery boards, nail clippers
- Foot powder
- Razors
- Shaving cream *(non-aerosol)*
- Soap
- Toothpaste

General Stuff:

- Batteries
- Eyeglass cleaner wipes
- Gum
- International phone cards
- Mini fans that spray water
- Mints
- Mosquito repellent *(non-aerosol)*
- Small battery-operated light
- Stress ball
- Sunglasses
- Sunscreen
- Ziplock bags

Comfort Items:

- Chapstick, Blistex
- Glade Stick-Ups
- Hand warmers
- Kleenex pouches
- Small battery-operated fan
- Small blanket *(like a fleece throw)*
- Socks
- Wipes - baby wipes, Clorox/Lysol wipes

Christmas/Hanukkah/Kwanzaa Items:

- Christmas candy *(hard candy)*, candy canes, chocolates
- Christmas cookies
- Decorations
- Garland
- Stockings