

August 2024

[Weekly Room Schedule](#) on pinehills.net & in hard copy at Stonebridge Club, will provide locations for all activities.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|---|--|
| | | Artist of the Month: Susan Lefvre Stonebridge Club Great Room | | 1 1p- Chess 2p- Great Discussions 6p- Singles Meet and Greet | 2 10a- Cribbage 11:30- Healthy Cooking 1p- Friday Bridge 1p- Ping Pong 7p- Friday Night Pitch | 3 9a- Swimming GI Pond 1p- Beginner Mahjong |
| 4 10a- Piano & Coffee 1p- Ancestry Group 3p- Oxygen Concert | 5 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong | 6 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation @ The MarQ 4p- Cradle of Western Civilization 6:30p- Bunco I | 7 9a- Acrylic Class 12:30p- Duplicate Bridge 1p- Wednesday Writers Group 1p- Ping Pong 3p- New Resident Orientation 4:45p- Shalom Book Grp 6:30- Glee Club -GI* | 8 8:30a- Bird Brains 1p- Chess 2p- Reading the Short Story 4p- Moment in Time History 4p- State of the World 6p- Shalom Movie Night | 9 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong | 10 9a- Swimming GI Pond 9a- Pastels Class 1p- Beginner Mahjong |
| 11 5p- Books for Cooks | 12 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong | 13 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation @ The MarQ 4:05p- The New Yorker Discussion 4:30p- French Conversation 7p- Fishing Club | 14 9a- Acrylic Class 12:30p- Duplicate Bridge 1p- Ping Pong 4p- Veterans Group 6:30- Cabana Room Players 6:30- Glee Club -GI* | 15 1p- Chess 12:30p- Classic Movie 2p- Well Read Book Club 4p- Foreign Affairs 5p- Tupelo Honey on Great Lawn | 16 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong 7p- Forever Song Circle 7p- Friday Night Pitch | 17 9a- Swimming GI Pond 10a- Solo Travel Club 1p- Beginner Mahjong |
| 18 | 19 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 2p- Mystery Book Club 4p- Mahjong 6p- Sound Bath 7p- Art Association | 20 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4:15p- Priority Plymouth 4p- Meditation @ The MarQ 4p- Voters for Democracy 5p Tupelo Honey Raindate | 21 9a- Acrylic Class 12:30p- Duplicate Bridge 1p- Wednesday Writers Group 1p- Ping Pong 3p- New Resident Orientation 6:30- American Civil War 6:30- Glee Club-GI* | 22 8:30a- Bird Brains 9:30a- Talking Law 12:30p- Bonjour French 1p- Chess 4p- Reading the Short Story 4p- State of the World 6p-Precinct 15 Meeting | 23 10a- Cribbage 1p- Friday Bridge 1p- ALTOS 1p- Ping Pong | 24 9a- Swimming GI Pond 11a- CPR Course 1p- Beginner Mahjong |
| 25 | 26 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 7p- Stonebridge Club Readers 7p- Wine Club | 27 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation @ The MarQ 4:05p- The New Yorker Discussion 4:30p- French Conversation 6:30p- Bunco IV | 28 9a- Acrylic Class 12:30p- Duplicate Bridge 1p- Ping Pong 6p- Cabana Room Players 7p- Glee Club -GI* | 29 12:30p- Bonjour French 1p- Chess 7p- Speakers Group | 30 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong | 31 9a- Swimming GI Pond 1p- Beginner Mahjong |

[Fitness Class Schedule](#)

Group Resistance Training

MWF @ 7:30a

Total Body Fitness

MWF @ 8:45a

Yoga AM

MWF @10:15a

Sat @ 9:00a

Tai Chi

T&Th @ 9a

Flex & Strength

T @ 10:30a

Stretch

Th @ 10:15a

Water Aerobics

Wed @ 10:15a

Mon @ 5p

Gym Hours

5a-11p

Alternate Wednesdays

7a-11p

Updated 07/25/24

*GI - Great Island