

February 2026

[Weekly Room Schedule](#) on pinehills.net & in hard copy at Stonebridge Club, will provide locations for all activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10a- Piano & Coffee 1p- Ancestry Group	2 8:45a- Writing from the Heart 10a- Creative Stitchery 11:30a- Teach of the Unseen World 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong	3 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 1p- Philosophy 2p- Tuesday Bridge 4p- Meditation on Zoom 4p- Cradle of Western Civilization 6:00p- Duplicate Bridge 6:30p- Bunco I	4 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 4:45p- Shalom Pinehills Book Grp	5 12:30p- Bonjour French 1p- Chess 1p- WWII Group 3:30p- Weird and Wonderful Shorebirds 3p-Keepers of Democracy 4p- Great Discussions 7p- Great Courses	6 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong FirstService Billing Hours: 9a-1p	7 1p- Saturday Mahjong
8 5p- Books for Cooks	9 8:45a- Writing from the Heart 10a- Creative Stitchery 11:30a- Teach of the Unseen World 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 4p- News of the Week in Review 6:30p- Gaia: Age of Disclosure	10 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation on Zoom 4:05p- The New Yorker Discussion 6:00p- Duplicate Bridge 6:30p- Braver Angels	11 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 3p- Veterans Group 6:30p- Cabana Room Players	12 8:30a- Bird Brains 12:30p- Bonjour French 1p- Chess 2p- Reading the Short Story 4p- Moment in Time History 6p- Grief Group Meeting 7p- Great Courses	13 10a- Cribbage 11:30a- Healthy Cooking 1p- Friday Bridge 1p- Ping Pong 5p- Louise Adams Acoustic Duo Valentine Concert	14 1p- Saturday Mahjong
15	16 Presidents Day Stonebridge Office Closed 8:45a- Writing from the Heart 10a- Creative Stitchery 11:30a- Teach of the Unseen World 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 2p- Mystery Book Club 4p- Mahjong 7p- Art Association	17 9a- Hearing Clinics 9a- Art Studio 11a- Writer's Circle 11:30a- Quilt Club 12p- Con Moto Practice 1p- Philosophy 2p- Tuesday Bridge 4p- Meditation on Zoom 6:00p- Duplicate Bridge 7p- Shalom Pinehills Movie Night	18 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 5:30p- SoundBath 7p- American Civil War	19 12:30p- Bonjour French 1p- Chess 2p- Well Read Book Club 4p- Foreign Affairs I 6p- New Resident Social 7p- Great Courses	20 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong 3p- Ballroom Dancing 7p- Forever Song Circle	21 10a- Solo Travel 1p- Saturday Mahjong
22	23 8:45a- Writing from the Heart 10a- Creative Stitchery 11:30a- Teach of the Unseen World 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 3p- Merry Book Club 4p- Mahjong 4p- News of the Week in Review 7p- Wine Club	24 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation on Zoom 4:05p- The New Yorker Disc. 6:00p- Duplicate Bridge 6:30p- Bunco IV	25 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 3:30p-CPR Course 6:30- Cabana Room Players 7p-Speakers Group	26 8:30a- Bird Brains in the Great Rm 12:30p- Bonjour French 1p- Chess 4p- Reading the Short Story 4p- Foreign Affairs II 6p- Grief Group Meeting 6:30p-Precinct 15 7p- Great Courses	27 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong FirstService Billing Hours: 9a-1p	28 1p- Saturday Mahjong Revised 2/04/26

[Fitness Class Schedule](#)

Group Resistance Training

MWF @ 7:30a

Total Body Fitness

MWF @ 8:45a

Yoga AM

MWF @10:15a

Tai Chi On

T&Th @ 9a

Flex & Strength

T @ 10:30a

Stretch

Th @ 10:15a

Gym Hours
5a-11p

Alternate
Wednesday
7a-11p Feb 4, 18
(for cleaning)

*GI - Great Island