

July 2025

[Weekly Room Schedule](#) on pinehills.net & in hard copy at Stonebridge Club, will provide locations for all activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Artist of the Month: Eric Frere	1 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ 4p- Cradle of Western Civilization 6:30p- Bunco I	2 10a- Bridge Lessons *GI 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 4:30p- Shalom Pinehills Book Group 7p- Glee Club -*GI	3 12:30p- Bonjour French 1p- Chess 4p- Great Discussions	4th of July Happy Independence Day! 	5 9a- Swim at GI Pond* 1p- Saturday Mahjong
6 10a- Piano & Coffee 1p- Ancestry Group	7 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 7p- Square Dancing	8 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ 4:05p- The New Yorker Discussion 4:30p- French Conversation 7p- Fishing Club	9 10a- Bridge Lessons *GI 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 6:30- Cabana Room Players 6:30p- Divorce Support Group 7p- Glee Club -*GI	10 8:30a- Bird Brains 10:30- Hadassah 12:30p- Bonjour French 1p- Chess 2p- Reading the Short Story 4p- Moment in Time History 4p- State of the World	11 10a- Cribbage 11:30a- Healthy Cooking 1p- Friday Bridge 1p- Ping Pong	12 9a- Swim at GI Pond* 1p- Saturday Mahjong
13 5p- Books for Cooks	14 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 4p- News of the Week in Review 5p-Womanade 7p- Square Dancing	15 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ 6p- State Rep. Michelle Badger	16 10a- Bridge Lessons *GI 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 4:30p- What Next Retirement 7p- American Civil War 7p- Glee Club -*GI 7p- Author Stephen Kurkjian	17 12:30p- Bonjour French 1p- Chess 2p- Well Read Book Club 4p- Foreign Affairs 5:30p- Working Professionals Happy Hour	18 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong 7p- Forever Song Circle	19 9a- Swim at GI Pond* 9a- Coastguard Boat Safety 10a- Solo Travel 1p- Saturday Mahjong
20	21 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 2p- Mystery Book Club 4p- Mahjong 7p- Art Association 7p- Square Dancing	22 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ 4:05p- The New Yorker Discussion 4:30p- French Conversation 6:30p- Bunco IV	23 10a- Bridge Lessons *GI 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 6:30p- Divorce Support Group 6:30- Cabana Room Players 7p- Glee Club -*GI 7p- Speakers Group	24 8:30a- Bird Brains 12:30p- Bonjour French 1p- Chess 4p- Reading the Short Story 4p- State of the World	25 10a- Cribbage 1p- Friday Bridge 1p- ALTOS 1p- Ping Pong	26 9a- Swim at GI Pond* 1p- Saturday Mahjong
27	28 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 3p- Merry Book Club 4p- Mahjong 4p- News of the Week in Review 7p- Square Dancing 7p- Stonebridge Club Readers 7p- Wine Club	29 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation@The MarQ	30 10a- Bridge Lessons *GI 1p- Duplicate Bridge 1p- Ping Pong 7p- Glee Club -*GI	31 12:30p- Bonjour French 1p- Chess		

[Fitness Class Schedule](#)

Group Resistance Training

MWF @ 7:30a

Total Body Fitness

MWF @ 8:45a

Yoga AM

MWF @10:15a

Sat @ 9:00a

Tai Chi On

T&Th @ 9a

Flex & Strength

T @ 10:30a

Stretch

Th @ 10:15a

Gym Hours

5a-11p

Alternate
Wednesday
7a-11p July 2,16,30
(for cleaning)

*GI - Great Island

Updated 06/24/25