

# October 2024

[Weekly Room Schedule](#) on pinehills.net & in hard copy at Stonebridge Club, will provide locations for all activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Artist of the Month:</b> Bob Warner Stonebridge Great Room	<b>1 REC ROOM CLOSED</b>  9a- <a href="#">Art Studio</a> 11a- <a href="#">Writers Circle</a> 11:30a- <a href="#">Quilt Club</a> 2p- <a href="#">Tuesday Bridge</a> 4p- <a href="#">Meditation @ The MarQ</a> 4p- <a href="#">Cradle of Western Civilization</a> 6:30p- <a href="#">Bunco I</a>  <b>Fitness Payments for October Begin at 8am</b>	<b>2 REC ROOM CLOSED</b>  9a- <a href="#">Acrylic Class</a> 12:30p- <a href="#">Duplicate Bridge</a> 1p- <a href="#">Wednesday Writers Group</a> 3p- <a href="#">New Resident Orientation</a> 4:45p- <a href="#">Shalom Book Grp</a> 6:30- <a href="#">Glee Club -GI*</a>	<b>3 REC ROOM CLOSED</b>  10a- <a href="#">Considering Cognitive Decline</a> 12:30p- <a href="#">Bonjour French</a> 1p- <a href="#">Chess</a> 2p- <a href="#">Great Discussions</a> 7p- <a href="#">Great Courses</a>	<b>4 REC ROOM CLOSED</b>  10a- <a href="#">Cribbage</a> 11:30- <a href="#">Healthy Cooking</a> 1p- <a href="#">Friday Bridge</a>	<b>5</b>  8:30a- <a href="#">Town Wide Cleanup</a> 1p- <a href="#">Mahjong Lessons</a>
<b>6</b> 10a- <a href="#">Piano &amp; Coffee</a> 1p- <a href="#">Ancestry Group</a>	<b>7</b> 8:45a- <a href="#">Writing from the Heart</a> 10a- <a href="#">Creative Stitchery</a> 11:00a- <a href="#">Teachings Unseen Wld</a> 12:30p- <a href="#">Swiss Bridge</a> 1p- <a href="#">Ping Pong</a> 1p- <a href="#">Chess</a> 4p- <a href="#">Mahjong</a>	<b>8</b> 9a- <a href="#">Art Studio</a> 11:30a- <a href="#">Quilt Club</a> 12p- <a href="#">Con Moto Practice</a> 2p- <a href="#">Tuesday Bridge</a> 4p- <a href="#">Meditation @ The MarQ</a> 4:05p- <a href="#">The New Yorker Discussion</a> 4:30p- <a href="#">French Conversation</a> 6:30- <a href="#">Skills for Disagreeing Better</a> 7p- <a href="#">Fishing Club</a>	<b>9</b> 9a- <a href="#">Acrylic Class</a> 10a- <a href="#">Bridge Lessons – GI*</a> 12:30p- <a href="#">Duplicate Bridge</a> 1p- <a href="#">Ping Pong</a> 4p- <a href="#">Veterans Group</a> 6:30- <a href="#">Cabana Room Players</a> 6:30- <a href="#">Glee Club -GI*</a>	<b>10</b> 8:30a- <a href="#">Bird Brains</a> 12:30p- <a href="#">Bonjour French</a> 1p- <a href="#">Classic Movie</a> 1p- <a href="#">Chess</a> 2p- <a href="#">Reading the Short Story</a> 4p- <a href="#">Moment in Time History</a> 4p- <a href="#">State of the World</a> 7p- <a href="#">Great Courses</a>	<b>11</b> 10a- <a href="#">Cribbage</a> 1p- <a href="#">Friday Bridge</a> 1p- <a href="#">Ping Pong</a>	<b>12</b> 9a- <a href="#">Pastels Class</a> 1p- <a href="#">Mahjong Lessons</a> 7p- <a href="#">Shalom Pinehills Break Fast</a>
<b>13</b> 5p- <a href="#">Books for Cooks</a>	<b>14 Indigenous People's Day</b> <b>Stonebridge Office Closed</b>  8:45a- <a href="#">Writing from the Heart</a> 10a- <a href="#">Creative Stitchery</a> 11:00a- <a href="#">Teachings Unseen Wld</a> 12:30p- <a href="#">Swiss Bridge</a> 1p- <a href="#">Ping Pong</a> 1p- <a href="#">Chess</a> 4p- <a href="#">Mahjong</a>	<b>15</b> 9a- <a href="#">Art Studio</a> 11a- <a href="#">Writers Circle</a> 11:30a- <a href="#">Quilt Club</a> 12p- <a href="#">Con Moto Practice</a> 2p- <a href="#">Tuesday Bridge</a> 4p- <a href="#">Meditation @ The MarQ</a>	<b>16</b> 9a- <a href="#">Acrylic Class</a> 10a- <a href="#">Bridge Lessons – GI*</a> 12:30p- <a href="#">Duplicate Bridge</a> 1p- <a href="#">Wednesday Writers Group</a> 1p- <a href="#">Ping Pong</a> 3p- <a href="#">New Resident Orientation</a> 5p- <a href="#">Great Literary Masterpieces</a> 6:30- <a href="#">American Civil War</a> 6p- Precinct 15 6:30- <a href="#">Glee Club-GI*</a>	<b>17</b> 10a- <a href="#">Keeping Mind Sharp</a> 1p- <a href="#">Chess</a> 12:30p- <a href="#">Bonjour French</a> 2p- <a href="#">Well Read Book Club</a> 4p- <a href="#">Foreign Affairs</a> 6p- <a href="#">Trivia Night</a> 6p- <a href="#">New Resident Social</a>	<b>18</b> 10a- <a href="#">Cribbage</a> 1p- <a href="#">Friday Bridge</a> 1p- <a href="#">Ping Pong</a> 7p- <a href="#">Forever Song Circle</a>	<b>19</b> 10a- <a href="#">Solo Travel Club</a> 1p- <a href="#">Mahjong Lessons</a>
<b>20</b>	<b>21</b> 8:45a- <a href="#">Writing from the Heart</a> 10a- <a href="#">Creative Stitchery</a> 11:00a- <a href="#">Teachings Unseen Wld</a> 12:30p- <a href="#">Swiss Bridge</a> 1p- <a href="#">Ping Pong</a> 1p- <a href="#">Chess</a> 2p- <a href="#">Mystery Book Club</a> 4p- <a href="#">Mahjong</a> 7p- <a href="#">Art Association</a>	<b>22</b> 9a- <a href="#">Art Studio</a> 11:30a- <a href="#">Quilt Club</a> 12p- <a href="#">Con Moto Practice</a> 2p- <a href="#">Tuesday Bridge</a> 4p- <a href="#">Meditation @ The MarQ</a> 4:05p- <a href="#">The New Yorker Discussion</a> 4:30p- <a href="#">French Conversation</a> 6:30p- <a href="#">Bunco IV</a>	<b>23</b> 9a- <a href="#">Acrylic Class</a> 9a- <a href="#">Introspective Approach Aging</a> 10a- <a href="#">Bridge Lessons – GI*</a> 12:30p- <a href="#">Duplicate Bridge</a> 1p- <a href="#">Ping Pong</a> 6p- <a href="#">Cabana Room Players</a> 7p- <a href="#">Glee Club -GI*</a> 7p- <a href="#">Speakers Group</a>	<b>24</b> 8:30a- <a href="#">Bird Brains</a> 12:30p- <a href="#">Bonjour French</a> 1p- <a href="#">Chess</a> 4p- <a href="#">Reading the Short Story</a> 3p- <a href="#">State of the World</a> 7p- <a href="#">Great Courses</a>	<b>25</b> 10a- <a href="#">Cribbage</a> 1p- <a href="#">Friday Bridge</a> 1p- <a href="#">ALTOS</a> 1p- <a href="#">Ping Pong</a> 3p- <a href="#">Trunk or Treat</a>	<b>26</b> 1p- <a href="#">Mahjong Lessons</a>  10a-2p <a href="#">Textile Drive</a>  
<b>27</b>  10a-2p <a href="#">Textile Drive</a>  	<b>28</b> 8:45a- <a href="#">Writing from the Heart</a> 10a- <a href="#">Creative Stitchery</a> 11:00a- <a href="#">Teachings Unseen Wld</a> 12:30p- <a href="#">Swiss Bridge</a> 1p- <a href="#">Ping Pong</a> 1p- <a href="#">Chess</a> 4p- <a href="#">Mahjong</a> 6p- <a href="#">Sound Bath</a> 7p- <a href="#">Stonebridge Club Readers</a>	<b>29</b> 9a- <a href="#">Art Studio</a> 11:30a- <a href="#">Quilt Club</a> 12p- <a href="#">Con Moto Practice</a> 2p- <a href="#">Tuesday Bridge</a> 4p- <a href="#">Meditation @ The MarQ</a>	<b>30</b> 9a- <a href="#">Acrylic Class</a> 10a- <a href="#">Bridge Lessons – GI*</a> 12:30p- <a href="#">Duplicate Bridge</a> 1p- <a href="#">Ping Pong</a> 5p- <a href="#">Great Literary Masterpieces</a>	<b>31 Halloween</b>  12:30p- <a href="#">Bonjour French</a> 1p- <a href="#">Chess</a> 7p- <a href="#">Great Courses</a>  		

## [Fitness Class Schedule](#)

### Group Resistance Training

MWF @ 7:30a

### Total Body Fitness

MWF @ 8:45a

### Yoga AM

MWF @10:15a

Sat @ 9:00a

### Tai Chi

T&Th @ 9a

### Flex & Strength

T @ 10:30a

### Stretch

Th @ 10:15a

### Gym Hours

5a-11p

Alternate Wednesday

7a-11p

\*GI - Great Island

Updated 10/03/24