

September 2024

[Weekly Room Schedule](#) on pinehills.net & in hard copy at Stonebridge Club, will provide locations for all activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10a- Piano & Coffee 1p- Ancestry Group	2 Stonebridge Office Closed  8:45a- Writing from the Heart 10a- Creative Stitchery 11:00- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong	3 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation @ The MarQ 4p- Cradle of Western Civilization 6:30p- Bunco I	4 9a- Acrylic Class 12:30p- Duplicate Bridge 1p- Wednesday Writers Group 1p- Ping Pong 3p- New Resident Orientation 4:45p- Shalom Book Grp 6:30- Glee Club -GI* Fitness Payment for October begin at 8am	5 10a- Considering Cognitive Decline 12:30p- Bonjour French 1p- Chess 2p- Great Discussions 7p- Great Courses	6 10a- Cribbage 11:30- Healthy Cooking 1p- Friday Bridge 1p- Ping Pong 7p- Friday Night Pitch	7 9a- Swimming GI Pond 1p- Beginner Mahjong
8 5p- Books for Cooks	9 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 4p- Womanade	10 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation @ The MarQ 4:05p- The New Yorker Discussion 4:30p- French Conversation 7p- Fishing Club 7p- Braver Angels	11 9a- Acrylic Class 12:30p- Duplicate Bridge 1p- Ping Pong 6:30- Cabana Room Players 6:30- Glee Club -GI*	12 8:30a- Bird Brains 10:30a- Hadassah 12:30p- Bonjour French 1p- Classic Movie 1p- Chess 2p- Reading the Short Story 4p- Moment in Time History 4p- State of the World 5:30p- Singles Meet and Greet 6p- Anatol Zukerman 7p- Great Courses	13 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong	14 9a- Swimming GI Pond 9a- Pastels Class 1p- Beginner Mahjong
15	16 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 2p- Mystery Book Club 4p- Mahjong 6p- Sound Bath 7p- Art Association	17 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation @ The MarQ	18 9a- Acrylic Class 12:30p- Duplicate Bridge 1p- Wednesday Writers Group 1p- Ping Pong 3p- New Resident Orientation 6:30- American Civil War 6:30- Glee Club-GI*	19 10a- Keeping Mind Sharp 1p- Chess 12:30p- Bonjour French 2p- Well Read Book Club 4p- Foreign Affairs 7p- Great Courses	20 9a- Legacy Wkshp 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong 7p- Forever Song Circle 7p- Friday Night Pitch	21 9a- Swimming GI Pond 10a- Solo Travel Club 1p- Beginner Mahjong
	23 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 7p- Stonebridge Club Readers	24 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation @ The MarQ 4p- Voters for Democracy 4:05p- The New Yorker Discussion 4:30p- French Conversation 6:30p- Bunco IV	25 9a- Acrylic Class 12:30p- Duplicate Bridge 1p- Ping Pong 6p- Cabana Room Players 7p- Glee Club -GI* 7p- Speakers Group	26 8:30a- Bird Brains 12:30p- Bonjour French 1p- Chess 4p- Reading the Short Story 4p- State of the World 6p- Precinct 15 Meeting 7p- Great Courses	27 10a- Cribbage 1p- Friday Bridge 1p- ALTOS 1p- Ping Pong	28 9a- Swimming GI Pond 1p- Beginner Mahjong
29	30 8:45a- Writing from the Heart 10a- Creative Stitchery 11:00a- Teachings Unseen Wld 12:30p- Swiss Bridge 1p- Ping Pong 4p- Mahjong 7p- Wine Club					

[Fitness Class Schedule](#)

Group Resistance Training

MWF @ 7:30a

Total Body Fitness

MWF @ 8:45a

Yoga AM

MWF @10:15a

Sat @ 9:00a

Tai Chi

T&Th @ 9a

Flex & Strength

T @ 10:30a

Stretch

Th @ 10:15a

Gym Hours

5a-11p

Alternate Wednesday

7a-11p

Artist of the Month:
Anatol Zukerman
Stonebridge Great Room

*GI - Great Island

Updated 08/26/24