

October 2026

[Weekly Room Schedule](#) on pinehills.net & in hard copy at Stonebridge Club, will provide locations for all activities.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Artist of the Month: The Art Studio			1 12:30p- Bonjour French 1p- Chess 1p- WWII Group 4p- Great Discussions 7p- Great Courses	2 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong	3 1p- Mahjong Textile Drive 10a-2p 
4 10a- Piano & Coffee 1p- Ancestry 5p- Coffeehouse Event Textile Drive 10a-2p 	5 8:45a- Writing from the Heart 10a- Creative Stitchery 11:30a- Teach of the Unseen World 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 6p- Duplicate Bridge	6 9a- Art Studio 11a- Writers Circle 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Non-Fiction Reading Grp 4p- Meditation on Zoom 4p-Sustainable Pinehills 6:30p- Bunco I	7 9a-iPhone Lessons w/Pat Carey 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 4:45p- Shalom Pinehills Book Grp 5p- Poetry Group 6p- Glee Club 6:30p- Debate Series	8 8:30a- Bird Brains 9:30- Pet CPR 12:30p- Bonjour French 2p- Reading the Short Story 4p- Moment in Time History 6p-Precinct 15 7p- Great Courses	9 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong	10 1p- Mahjong
11 5p- Books for Cooks	12 Columbus Day Office Closed 8:45a- Writing from the Heart 10a- Creative Stitchery 11:30a- Teach of the Unseen World 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 4p- News of the Week in Review 6p- Duplicate Bridge 6:30p-Gaia	13 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation on Zoom 4p- Father Bills, MainSpring 4:05p- New Yorker Discussion 6:30p- Braver Angels 6:30p-Precinct 15 7p- The Fishing Club	14 9a-iPhone Lessons w/Pat Carey 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 4p-Veterans Group 6:30p- Cabana Room Players 6p- Glee Club	15 12:30p- Bonjour French 2p- Well Read Book Club 4p- Foreign Affairs 6p-Precinct 15 7p- Great Courses	16 10a- Cribbage 11:30a-Healthy Cooking 1p- Friday Bridge 1p- Ping Pong 3p- Ballroom Dancing 7p- Forever Song Circle	17 10a-Solo Travel 1p- Mahjong
18 4p- Outer Cape Chorale Chamber Singers	19 8:45a- Writing from the Heart 10a- Creative Stitchery 11:30a- Teach of the Unseen World 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 2p- Mystery Book Club 4p- Mahjong 6p- Duplicate Bridge 7p- Art Association	20 9a- Hearing Clinic 9a- Art Studio 11a- Writer's Circle 11:30a- Quilt Club 1p- Philosophy Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation on Zoom-	21 9a-iPhone Lessons w/Pat Carey 11a-Zoom Training 1p- Duplicate Bridge 1p- Ping Pong 1p- Wednesday Writers 3p- New Resident Orientation 6:30- Debate Series 7p- American Civil War 6p- Glee Club	22 8:30a- Bird Brains 9a- Collage Workshop 12:30p- Bonjour French 4p- Reading the Short Story 4p- Foreign Affairs 6:15p- Precinct 15 7p- Great Courses	23 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong 3p- Ballroom Dancing	24 1p- Mahjong
25	26 8:45a- Writing from the Heart 10a- Creative Stitchery 11:30a- Teach of the Unseen 12:30p- Swiss Bridge 1p- Ping Pong 1p- Chess 4p- Mahjong 4p- News of the Week in Review 6p- Duplicate Bridge 7p- Wine Club	27 9a- Art Studio 11:30a- Quilt Club 12p- Con Moto Practice 2p- Tuesday Bridge 4p- Meditation on Zoom- 4:05p- The New Yorker 5:30p- Sound Bath 6:30p- Bunco IV	28 9a-iPhone Lessons w/Pat Carey 11a- Introspective Approach Aging 1p- Duplicate Bridge 1p- Ping Pong 5p- Poetry Workshop 6:30p- Cabana Room Players 7p-Speakers Group	29 9a- Collage Workshop 12:30p- Bonjour French 7p- Great Courses	30 10a- Cribbage 1p- Friday Bridge 1p- Ping Pong 3p- Ballroom Dancing	31 1p- Mahjong Revised 9/24/2026

[Fitness Class Schedule](#)

Strength and Balance Fusion

MWF @ 7:30a

Total Body Fitness

MWF @ 8:45a

Yoga AM

MWF @10:15a

Tai Chi On

T&Th @ 9a

Flex & Strength

T @ 10:30a

Stretch

Th @ 10:15a

Gym Hours

5a-11p

Wednesdays
6a-7a Oct 7, 21
(for cleaning)